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Cost and quality challenges are a rally to employers to think outside the box.



Innovate to Mitigate: Thinking Outside the Box to Address Healthcare Costs

While general inflation has been cooling down, **healthcare costs aren't showing signs of letting up** anytime soon.¹ For example, according to the recently published 2024 KFF Employer Health Benefits survey^{2,3}:

- Average annual individual and family coverage premiums **increased by 6% and 7%**, respectively, for the second year in a row in 2024
- This year's 7% increase brought the **average family coverage premium cost to ~\$25K**. It's **"the equivalent of buying an economy car for every worker every year to pay for family coverage,"** said KFF President Drew Altman.

While employees paid slightly less in 2024 for the average family premium, they're still **feeling the burden of rising healthcare costs** in several ways (wage stagnation, job cuts, and more).

Further, **increased costs haven't equated to better quality**, as healthcare outcomes in several arenas have been worsening.⁴

Ultimately, cost and quality challenges are a **rally to employers to think outside the box**.

Instead of absorbing, passing on, or cutting costs (often putting quality at risk), **it's critical to implement innovative solutions**.⁵

Such solutions include⁶:

- **Delivering targeted education to employees** on how they can get the most from their plans and reduce costs
- Offering **flexible benefit plans and health savings accounts**
- Providing access to **innovative treatments such as Regenexx**



Innovative healthcare treatments tend to trend toward **higher costs** with only *minor improvements*.

See how Regenexx procedures turn that trend on its head.



Regenexx Procedures: A High-Value Innovation



Bridge between PT and surgery in **MSK care continuum**



Can intervene on **up to 70% of unnecessary orthopedic surgeries**⁷



Typically **shorter recovery time** compared to surgery



Regenexx procedures were found to be **~50% less expensive** than surgery avoided⁷



Rigorous **candidacy grading** and **utilization review process** determines how likely Regenexx procedure can be helpful

[Learn More](#)

What is the
Regenexx[®]
Corporate Program?

The Regenexx Corporate Program provides **MSK cost savings for self-funded employers**. According to a Validation Institute cost-savings analysis, **procedures using Regenexx injectates were ~50% less expensive than the surgery avoided**.⁷

The program continues to see traction among employers, brokers, and third-party administrators who have chosen to partner with us. The Regenexx benefit is no cost to add and simple to include in any self-funded healthcare plan.

Learn how adding the Regenexx benefit can **reduce costs by up to 70%** on individual surgeries while offering members a new option in care.⁸



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Cost avoidance estimates for individual groups are not reflective of the potential cost avoidance estimates for another group. Any estimate of cost avoidance for a group is specific to their employee population. To understand how your company's surgical experience may relate to the Regenexx approach, you can request a [Regenexx Corporate Program Impact Study](#).

Cost savings estimates: Physicians within the licensed Regenexx network indicate the surgical procedure for which Regenexx provider patients are a candidate. The Regenexx Corporate Program then measures the actual cost of the procedure using Regenexx lab processes against the cost of the surgical alternative. While the Regenexx Corporate Program does post service reviews and assess a percentage of Regenexx provider patients, not all these cases have been verified by a third party. Fair cost estimates based on Denver, CO ZIP code. In some cases, a generic "arthroscopy" cost estimate had to be used when a detailed condition-specific estimate was unavailable.

Like all medical interventions, procedures using Regenexx lab processes have a success and failure rate. Regenexx provider patient reviews and testimonials in this email should not be interpreted as a statement on the effectiveness of regenerative therapy for anyone else. Industry professional reviews and testimonials reflect the experience of that entity with the Regenexx Corporate Program. To discuss what a partnership with Regenexx could look like for your company or client, [contact our team](#).

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